CURRICULUM VITAE Faith O. Nomamiukor, PhD

Sam Houston State University
Department of Psychology and Philosophy
College of Humanities & Social Sciences
Huntsville, Texas 77341
Phone: 936-294-4662.

Email: Faith.Nomamiukor@shsu.edu

EDUCATIONAL HISTORY	
Internship in Psychology	2023 -2024
Department of Veteran Affairs- Boston Healthcare System	
Department of Psychiatry, Harvard Medical School, Boston, MA	
Department of Psychiatry, Boston University School of Medicine	
APA accredited program	
Boston, MA	
Doctor of Philosophy, Clinical Psychology	2018-2024
University of North Carolina-Greensboro	
APA accredited program: Clinical Psychology	
Greensboro, NC	
Bachelor of Science	2014-2018
University of Houston	
Major: Psychology	
Minor: African American Studies	
Magna Cum Laude	
ACADEMIC/PROFESSIONAL POSITIONS	
Assistant Professor	2025 -present
Sam Houston State University	
Department of Psychology and Philosophy	
Huntsville, Tx	
Director, RECLAIM Lab	2025-present
Department of Psychology and Philosophy	-
Sam Houston State University	
Huntsville, Tx	
NIMH T32 Postdoctoral Research Fellow	2024-2025
Traumatic Stress Disorder Research	2021 2020
National Center for PTSD, VA Boston Healthcare System	
Department of Psychiatry, Boston University School of Medicine	
Boston, MA	
200001, 11111	

ACADEMIC HONORS AND AWARDS

Next Generation Graduate Research Fellowship (\$24,000)

University of North Carolina at Greensboro

This competitive fellowship is awarded to select graduate students at UNC Greensboro to support their research

Graduate Student Association's Professional Development Award (\$1000 total) 2021, 2023

University of North Carolina at Greensboro

This award was provided to support travel to academic research conferences

Outstanding Leadership and Dedication as Student Section Chair (Plaque) 2023

International Society for Traumatic Stress Studies

UNC Campus Scholarship 2022

University of North Carolina at Greensboro

Next Gen Clin (NGC) Scholarship 2022

University of North Carolina-Greensboro

Graduate Scholar Award

University of North Carolina-Greensboro 2018-2021

Student of The Month (August) 2020

International Society for Traumatic Stress Studies

Arête Honors College Service Award

University of Houston 2018

Awarded in recognition of community service, including co-founding a university organization to raise awareness and promote volunteer engagement around human trafficking prevention in the Houston area

GRANTS

Postdoctoral Training in Posttraumatic Stress Disorders

National Institute of Mental Health T32

National Research Service Award (T32MH019836).

Role: Fellow, 2024-2025

Principal Investigator: Denise Sloan, PhD

Feasibility of Remote-Delivery Interventions: Tai Chi and Wellness for PTSD and Pain in Veterans

National Center for Complementary and Integrative Health

NIH Project Award Number: R34AT011547.

Role: Study Therapist, 2024

Principal Investigator: Barbara Niles, PhD

Unfunded

Masculinity, Social Reactions to Sexual Trauma Disclosure, and PTSD in Male Sexual Trauma Survivors: The Role of Diet and Physical Activity

Role: Principal Investigator

Funding Agency: American Psychological Foundation

Submitted: 2025 Status: Unfunded

Description: Proposed project to aimed at investigating health related resilience factors for sexual

trauma exposed men

Aesthetics Beyond the Binary

Role: Co-Principal Investigator

Funding Agency: LGBTQ+ Veteran Health Disparity Quality Improvement Project

Submitted: 2024 Status: Unfunded

Description: Proposed development of a group intervention for LGBTQ+ veterans to address

mental health outcomes and health disparities.

Sociocultural Determinants of Mental health for Men with Sexual Trauma

Role: Principal Investigator

Funding Agency: American Psychological Foundation

Submitted: 2022 Status: Unfunded

Description: Proposed project to aimed at investigating sociocultural determinants of mental health for

sexual trauma exposed men

PEER REVIEWED PUBLICATIONS

1. Aalay, M. O., Flack, W. F., **Nomamiukor, F. O.,** Taft, C. T. (in press). College students' expressions of rape myths by gender and greek life: A mixed methods study. *Journal of Interpersonal Violence*.

- 2. **Nomamiukor**, **F. O.**, & Wisco, B. E. (2025). Sociocultural determinants of mental health among male sexual trauma survivors. *Journal of Traumatic Stress*, 1–13. https://doi.org/10.1002/jts.23157
- 3. Lopez, A., **Nomamiukor, F. O.,** Heinlein, E. S., & Wisco, B. E. (2025). Social media's impact on rape myth acceptance and negative affect: Moderating roles of political affiliation and gender? *Psychological trauma: theory, research, practice and policy*, 10.1037/tra0001861. Advance online publication. https://doi.org/10.1037/tra0001861
- 4. **Nomamiukor, F. O.,** Smethurst, M. A., Franz, M. R., Hamilton, E. G., Garza, A., Padilla-Medina, D., Davis, M., & Taft, C. T. (2025). Is trauma associated with plant-based diet choice? *Appetite*, 206, 107841. https://doi.org/10.1016/j.appet.2024.107841
- 5. **Nomamiukor, F. O.** & Wisco, B. E. (2024). Social media's impact on rape myth acceptance and negative affect in college women: Examining the #MeToo and #HimToo Movement. *Violence Against Women, 30*(6-7), 1498-1516. https://doi.org/10.1177/10778012231181045
- 6. **Nomamiukor, F. O.,** Suresky, R. E., May, C. L., & Wisco, B. E. (2024). Understanding internalizing and externalizing symptoms in trauma exposed community members. *Psychological Trauma: Theory, Research, Practice, and Policy, 16*(1), 98–106. https://doi.org/10.1037/tra0001388
- 7. Patel, T. A., Mann, A. J., Halverson, T. F., **Nomamiukor, F. O.,** Calhoun, P. S., Beckham, J. C., Pugh, M. J., & Kimbrel, N. A. (2023). The association of military sexual assault and nonsuicidal self-injury in U.S. Gulf War-I era veterans. *Military Psychology*, 36(5), 525–535. https://doi.org/10.1080/08995605.2023.2222630
- 8. Wisco, B. E., Vrshek-Schallhorn, S., May, C. L., Campbell, A. A., **Nomamiukor, F. O.,** & Pugach, C. P. (2023). Effects of trauma-focused rumination among trauma-exposed individuals with and without posttraumatic stress disorder: An experiment. *Journal of Traumatic Stress*, *36*(2), 285–298. https://doi.org/10.1002/jts.22905
- 9. Patel, T. A., Mann, A. J., **Nomamiukor, F. O.,** Blakey, S. M., Calhoun, P. S., Beckham, J. C., Pugh, M. J., & Kimbrel, N. A. (2022). Correlates and clinical associations of military sexual assault

- in Gulf War era U.S. veterans: Findings from a national sample. *Journal of Traumatic Stress*, *35*(4), 1240–1251. https://doi.org/10.1002/jts.22825
- 10. Wisco, B. E., **Nomamiukor, F. O.,** Marx, B. P., Krystal, J. H., Southwick, S. M., & Pietrzak, R. H. (2022). Posttraumatic Stress Disorder in US Military Veterans: Results From the 2019-2020 National Health and Resilience in Veterans Study. *The Journal of Clinical Psychiatry*, 83(2), 20m14029. https://doi.org/10.4088/JCP.20m14029
- 11. Pugach, C. P., **Nomamiukor, F. O.,** Gay, N. G., & Wisco, B. E. (2021). Temporal Stability of Self-Reported Trauma Exposure on the Life Events Checklist for DSM-5, *Journal of Traumatic stress*, *34*(1), 248–256. https://doi.org/10.1002/jts.22611
- 12. Doghor, O. N., **Nomamiukor, F.O.,** Okotcha, E. N., & Onigu-Otite, E. (2019). Addressing crises in teenage pregnancy. *Adolescent Psychiatry*, *9*(2), 69-80. https://doi.org/10.2174/2210676609666190531102808
- 13. Walker R. L., Talavera, D. C., **Nomamiukor, F.O.,** Madubata, I. J., Alfano, C., & Vujanovic, A. A. (2019). Sleep-related problems and suicide behavior and ideation among Black and White trauma-exposed psychiatric inpatients. *Comprehensive Psychiatry*, *91*, 22–28. https://doi.org/10.1016/j.comppsych.2019.03.001
- 14. **Nomamiukor, F. O.,** Smith, L. J., & Vujanovic, A. A. (2018). Examining associations between sleep disturbance and distress tolerance in trauma-exposed psychiatric inpatients. *General Hospital Psychiatry*, 55, 84–89. https://doi.org/10.1016/j.genhosppsych.2018.10.002

MANUSCRIPTS UNDER REVIEW

- 1. **Nomamiukor, F. O.,** Woller S. J., Vujanovic, A. A. (under review) Exercise and Eating Habits among Men exposed to Sexual Trauma: The Role of Self-Blame.
- 2. Duncan, M. E., Krauss, A. L., **Nomamiukor, F. O.,** Taft, C. (under review). Examining racial disparities in the working alliance in intimate partner violence interventions.
- 3. **Nomamiukor, F.O.,** Collazo, E. O., Harper, K. L., Neilson, E. C., Ellis, A. E., Simiola, V. L., Cook, J. M., Livingston, N. A. (under review). How masculinity and treatment impact PTSD recovery in sexual minority men with sexual trauma: Findings from a randomized clinical trial.

SCHOLARLY WORK PUBLISHED IN OTHER MEDIA

1. Smith, L. J., **Nomamiukor**, **F. O.**, Bartlett, B. A., Tran, J. K., & Vujanovic, A. A. (2019, May). PTSD and alcohol: Common, treatable concerns for firefighters. *Fire Rescue 1*. https://www.firerescue1.com/ptsd/articles/ptsd-and-alcohol-common-treatable-concerns-for-firefighters-jSTIse1BOcOB8qp7/

BOOK CHAPTERS

1. Wisco, B. E., Pugach, C. P., & **Nomamiukor, F. O.** (2020). Sadness and depression in PTSD. In M. T. Tull & N. A. Kimbrel (Eds.), *Emotion in posttraumatic stress disorder: Assessment, neurobiology, and treatment* (pp. 89–109). Elsevier Academic Press.

PROFESSIONAL PRESENTATIONS

- *Designates mentored undergraduate students or post baccalaureates
- 1. **Nomamiukor, F. O.,** Wisco B. E. (2024, September) Sociocultural Determinants of Mental Health among Male Sexual Trauma Survivors. Poster will be presented at the 40th annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.

- 2. Kehoe, C. **Nomamiukor, F. O.,** Taft, C. (2024, July) Association of Inattention and Intimate Partner Violence Perpetration Among Male Veterans. Poster presented at the 2024 University of New Hampshire Violence Prevention Research Conference, Portsmouth, NH.
- 3. Wisco, B. E., Pugach, C. P., **Nomamiukor, F.O.,** May, C. L., Campbell, A. A. (2022, November) Trauma and Cognition: Cognitive Processes in PTSD Risk and Treatment. Symposium presented at the 56th annual meeting of the Association for Behavioral and Cognitive Therapies.
- 4. *Ellis, M., **Nomamiukor**, F. O., & Wisco, B. E. (2022, November) Method variance in assessing PTSD symptom clusters among black and white trauma-exposed community members. Poster presented at the 38th annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
- 5. *Priest, S., **Nomamiukor, F. O.,** & Wisco, B. E. (2021, April). Associations between Rape Myth Acceptance, Sexual Trauma History, and PTSD. Poster presented at the Southeastern Psychological Association annual meeting (virtual).
- 6. **Nomamiukor, F. O.,** Wisco, B. E. (2020, November). Social Media's Impact on Rape Myth Acceptance and Distress in College Women. Poster presented virtually at the 36th annual meeting of the International Society for Traumatic Stress Studies.
- 7. **Nomamiukor, F. O.,** Suresky. R, May, C., Wisco, B. E. (2019, November). Examining PTSD, risky behavior, and internalizing symptoms among trauma-exposed community members. Poster presented at the 35th annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.
- 8. **Nomamiukor, F. O.,** Pugach C. P., Wisco, B. E. (2019, May). Associations among risky sexual behavior, PTSD, and self-blame in trauma-exposed community members. Poster presented at the 31st annual convention of the Association for Psychological Science, Washington, DC.
- 9. Walker, R.L., Talavera, D.T., **Nomamiukor, F.O.,** Madubata, I., J., Alfano, C. & Vujanovic, A.A. (2019, March). Sleep-related problems and suicide behavior among Black trauma-exposed psychiatric inpatients. Paper presentation at the International Convention of Psychological Science, Paris, France.
- 10. Bartlett, B. A., Jardin, C., **Nomamiukor, F. O.,** Martin, C., Tran, J. K., & Vujanovic, A. A. (2019, February). PTSD symptomatology and suicidality among firefighters: The moderating role of distress tolerance. Poster presented at the University of Houston Graduate Research Showcase, Houston, TX.
- 11. **Nomamiukor, F. O.,** Bartlett, B. A., Smith, L. J. & Vujanovic, A. A. (2017, November). Associations between sleep disturbance and distress tolerance in trauma-exposed psychiatric inpatients. Poster presented at the 33rd annual convention of the International Society for Traumatic Stress Studies, Chicago, IL.
- 12. **Nomamiukor, F. O.,** Kratovic, L., Smith, L. J., & Vujanovic, A. A. (2017, October). Script-driven trauma- and drug-related cue reactivity: Examining correlates of script content among inner-city adults with posttraumatic stress and substance use disorders. Poster presented at the 13th annual meeting for University of Houston's Undergraduate Research Day, Houston, TX.
- 13. Bartlett, B. A., Jardin, C., **Nomamiukor, F. O.**, Martin, C., Tran, J. K., & Vujanovic, A. A. (2017, November). PTSD symptomatology and suicidality among firefighters: The moderating role of distress tolerance. Poster presented at the 33rd annual convention of the International Society for Traumatic Stress Studies, Chicago, IL.
- 14. Smith, L. J., Bartlett, B. A., **Nomamiukor, F. O.,** Tran, J. K., & Vujanovic, A. A. (2017, November). Distress tolerance and sleep disturbance in firefighters: Associations with

posttraumatic stress and depression symptoms. Poster presented at the 33rd annual convention of the International Society for Traumatic Stress Studies, Chicago, IL.

TEACHING EXPERIENCE

Research Experience Psychology, Department of Psychology, University of North Carolina at Greensboro

2018-2023

Teaching Assistant

Served as Teaching Assistant across multiple consecutive semesters during graduate training; Mentor and assist in instructing undergraduate students who attended weekly research lab meetings. Assign grades to students based on performance during article discussions and lab presentations. Helped students develop abstracts and posters for conference submissions.

Research and Statistical Methods in Psychology, Department of Psychology, University of North Carolina at Greensboro

2020

Instructor

Lectured weekly as the lab section instructor; instructed undergraduate students on how to conduct and write up research proposals on trauma. Undergraduate students presented research proposals to the class.

Abnormal Psychology, Department of Psychology, University of North Carolina at Greensboro

2018, 2020

Teaching Assistant

Aided in developing, finalizing, and grading exam questions; held office hours for undergraduate students.

Psychology of Gender, Department of Psychology, University of North Carolina at Greensboro

2018, 2020

Teaching Assistant

Graded papers and exams; proctored exams; held office hours for undergraduate students.

Social Psychology, Department of Psychology, University of North Carolina at Greensboro

2018, 2020

Teaching Assistant

Graded papers and exams; proctored exams; held office hours for undergraduate students.

INVITED ADDRESSES

1. **Nomamiukor, F. O.** (2020, July). Managing mental health during COVID-19. Invited workshop to church members of Bethlehem Baptist Church in Mansfield Texas, virtual.

LICENSURE

Examination for Professional Practice in Psychology: Passed at Doctorate Level	2022
North Carolina Psychology Board	
Licensed Psychological Associate and Behavioral Services Provider (License #5998)	2022-2024

CLINICAL POSITIONS

Psychology Intern

Primary Supervisors: Kelly Klein, Ph.D., Scott Litwack, Ph.D., Barbara Niles,

Ph.D., Eve Davison, Ph.D.

Primary Rotation: Posttraumatic Stress Disorder Clinical Team Secondary rotations: Severe Mental Illness, Inpatient Psychology

Adjunctive Training Experience: Interdisciplinary Transgender Treatment Team

W.G. (Bill) Hefner Salisbury Department of Veteran Affairs

2022-2023

Graduate Student Clinician and Assessor Primary Supervisor: Meghan Cody, Ph.D.

Veteran's Assistance Program, University of North Carolina at Greensboro

2021-2022

Graduate Student Clinician and Assessor Primary Supervisor: Blair E. Wisco, Ph.D.

Dream Camp for Youth with Autism, University of North Carolina at Greensboro

2019, 2020

Graduate Student Clinician

Primary Supervisor: Susan Keane, PhD

University of North Carolina at Greensboro Psychology Clinic

2019-2022

Graduate student Clinician and Assessor for a Community Clinic

Primary Supervisors: Rosemery Nelson-Gray, Ph.D., Kari Eddington, Ph.D., Susan

Keane, Ph.D.

EDITORIAL EXPERIENCE

Ad hoc reviewer 2022-2025

Psychological Trauma: Theory, Research, Practice, and Policy

Journal of American College Health

Journal of Behavior

Psychotherapy Research

European Journal of Psychotraumatology

Mentored Journal Reviews

2018-2020

Journal of Consulting and Clinical Psychology Behavior Therapy

SERVICE

International Society for Traumatic Stress Studies (ISTSS)

Student Section Chair 2022-2024

Led and hosted the annual ISTSS Student Luncheon to facilitate networking between students and established trauma researchers and clinicians. Organized year-round programming for student members and engaged the student community through professional development opportunities, newsletters, and social media outeach.

VA Boston Healthcare System

Member, Diversity committee	2023-2024
Member, BIPOC Affinity Group (support group for psychology trainees of color)	2023
Co-Facilitator, BIPOC Affinity Group	2024-2025

Psychology Department, University of North Carolina at Greensboro Alumni Mentor, PRIME Fellowship Program	2025
Peer Mentor, Next Generation Research Fellowship Program	2019-2023
Member, Diversity Committee	2018-2023
University of Houston	
Co-Founder, Co-President, and Director of Volunteer Outreach, Modern	2017-2018
Abolitionist Coalition (Anti-human Trafficking Campus Organization)	
Member, Psychology Department Diversity Committee	2017
Member, Sexual Violence Prevention and Education Committee	2016
Anti-Human Trafficking Non-Profit Organization	
Intern, Free the Captives	2016
Supervised teenage survivors of human trafficking in a summer job program	
PROFESSIONAL MEMBERSHIPS	
International Society for Traumatic Stress Studies (ISTSS)	2018-present
ISTSS Student Section Chair	2022-2024
SPECIALIZED TRAINING	
Meta-Analysis	January 2025
Virtual workshop from CenterStat	
Cognitive Processing Therapy	2023-2024
Participated in this two-day workshop as part of the Department of Veterans Affairs'	
initiative to disseminate empirically supported treatments for posttraumatic stress	
disorder. Attended weekly case consultation throughout internship.	
Structural Equation Modeling	
Structural Equation Mouching	2021
Virtual workshop from CenterStat	2021